

Home-based Sleep Studies

How to refer

There are two ways a patient can be referred for a home-based sleep study.

Option 1: By a sleep or respiratory physician

Option 2: By another medical practitioner (e.g. GP, dentist, other specialist) if the patient meets **all** of the following criteria:

Epworth Sleepiness Scale score ≥ 8	✓
STOP-BANG score ≥ 4 OR OSA50 score ≥ 5	✓
Age ≥ 18 years	✓
No home-based study claimed from Medicare in the last 12 months	✓

The questionnaires can be found on the tear-out referral forms. If the patient does not qualify under option 2, please refer for a patient-funded study, or to see a sleep physician. Bulk-billed consultations are available for patients with a valid Centrelink concession card (NSW only).



Submit an enquiry on our website, centurionhealthcare.com.au

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